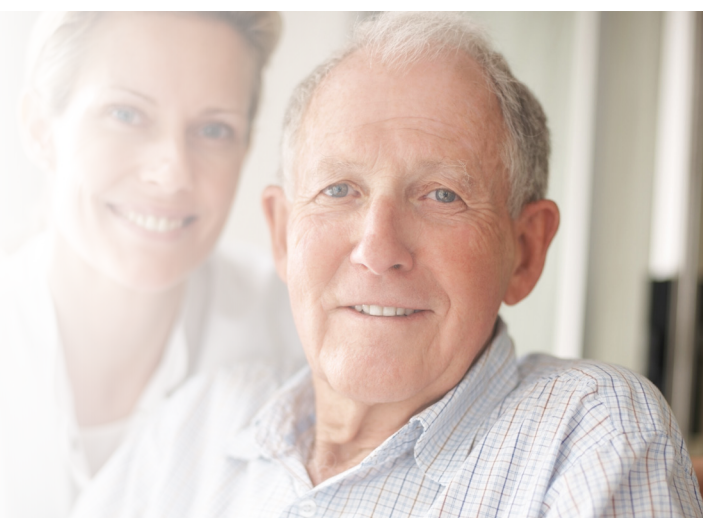


## *Some of our activities include:*

- Animal Therapy
- Arts & Crafts
- Auctions
- Backyard Games
- Bible Study
- Bingo
- Choir
- Concerts
- Daily Living Seminars
- Drawing
- Exercise Classes
- Fishing Trips
- Field Trips
- Games
- Gardening
- Karaoke
- Movies
- Painting
- Plays
- Prom
- Reminiscent Groups
- Scrap books
- Shopping
- Special Events
- Stretching
- Talent Shows
- Trivia
- Wellness Seminars



## REGIONAL LOCATIONS

### **Bell County**

606-337-7505

### **Clay County**

606-596-0601

### **Clinton County**

606-387-4616

### **Estill County**

606-726-0197

### **Fayette County**

877-589-3053

### **Harlan County**

606-573-9886

### **Jackson County**

606-287-8983

### **Jefferson County**

502-815-6465

### **Madison County**

859-626-5226

### **McCreary County**

606-376-1998

### **Rockcastle County**

(Wayne Stewart Adult Health Center)

606-256-0595

### **Wayne County**

606-340-0001

### **Whitley County**

606-539-9522

### **Regional Office**

606-387-3376

## **HORIZON ADULT HEALTH CARE**

2028 Merrick Drive  
Richmond, KY 40475

**877-589-3053**

**[www.forhorizon.com](http://www.forhorizon.com)**

# Horizon Adult Health Care is here to help.



## **Adult Health Care Services**





## Adult Health Care Services



As a caregiver, your heart is filled with love. You want the absolute best for your loved one and peace of mind for the rest of the family. But being human, you can only handle so much. You probably feel as if the weight of the world is on your shoulders, due to stress and worry and so many decisions to make.

**Horizon Adult Health Care is here to help.** Take a deep breath. You don't have to go it alone. And you don't have to choose between a nursing home and home health. You have a third option.

We can also offer attendant care services ranging from personal care (bathing and grooming) to meal preparation to medication reminders.

At the Horizon Adult Health Care nearest you, your loved one gets safe supervision and attention all day long (7 a.m. to 5:30 p.m., Monday through Friday) and you get your day back. Then your family is back together for evenings and weekends.



Be assured we are adhering to the careful and cautious guidelines outlined by the State related to face coverings, social distancing, sanitation, and employee and visitor requirements set forth in the COVID-19 Healthy at Work program established by the Governor.

### *Your loved one receives:*

- A nutritious breakfast, lunch and snack
- Administration and preparation of medications.
- Comprehensive care from licensed nurses and compassionate assistive personnel.
- Daily activities to promote mental, social and physical stimulation.
- Monthly field trips.
- Socialization throughout the day to help elderly clients feel needed and connected.
- Transportation to and from doctor's appointments or shopping, by trained drivers in wheelchair-accessible vans.

