Some of our activities include:

- Animal Therapy
- Arts & Crafts
- Auctions
- Backyard Games
- Bible Study
- Bingo
- Choir
- Concerts
- Daily Living Seminars
- Drawing
- Exercise Classes
- Fishing Trips
- Field Trips
- Games
- Gardening
- Karaoke
- Movies
- Painting

- Plays
- Prom
- Reminiscent Groups
- Scrap books
- Shopping
- Special Events
- Stretching
- Talent Shows
- Trivia
- Wellness
 Seminars

Jackson County 606-287-8983

REGIONAL LOCATIONS

Barren County 270-861-0961 **McCreary County** 606-376-1998

Bell County Pulaski County 606-337-7505 606-997-8988

Clinton County
606-387-4616

Estill County

Rockcastle County
(Wayne Stewart
Adult Health Care)
606-256-0595

606-726-0197

Fayette County

877-589-3053

Harlan County

606-573-9886

Madison County

859-626-5226

Warren County 270-599-0780

Wayne County 606-340-0001

Whitley County 606-539-9522

Regional Office 606-387-3376

Horizon Adult Health Care is here to help.



Adult Health Care Services



HORIZON ADULT HEALTH CARE

2028 Merrick Drive Richmond, KY 40475

877-589-3053 www.forhorizon.com



Adult Health Care Services



As a caregiver, your heart is filled with love. You want the absolute best for your loved one and peace of mind for the rest of the family. But being human, you can only handle so much. You probably feel as if the weight of the world is on your shoulders, due to stress and worry and so many decisions to make.

Horizon Adult Health Care is here to help. Take a deep breath. You don't have to go it alone. And you don't have to choose between a nursing home and home health. You have a third option.

We can also offer attendant care services ranging from personal care (bathing and grooming) to meal preparation to medication reminders.

At the Horizon Adult Health Care nearest you, your loved one gets safe supervision and attention all day long (7 a.m. to 5:30 p.m., Monday through Friday) and you get your day back. Then your family is back together for evenings and weekends.

Horizon Adult Health Care has been providing services for more than 25 years.

We give individuals and families an alternative in their health care decisions for the elderly. Our goal is keeping families together while ensuring the best possible quality of life for our clients. Horizon Adult Health Care provides healthcare in a home-like setting for adults in 14 counties in southern and southeastern Kentucky.

Your loved one receives:

- A nutritious breakfast, lunch and snack
- Administration and preparation of medications.
- Comprehensive care from licensed nurses and compassionate assistive personnel.
- Daily activities to promote mental, social and physical stimulation.
- Monthly field trips.
- Socialization throughout the day to help elderly clients feel needed and connected.
- Transportation to and from doctor's appointments or shopping, by trained drivers in wheelchair-accessible vans.



